2

TRAIN TIMES

Monday to Sunday

Services between:

- Liverpool
- Sheffield
- Grantham
- Ely
- Manchester
- Nottingham
- Peterborough
- Norwich

13 December 2015 to 14 May 2016

EAST MIDLANDS TRAINS

Timetable information

Key to timetable symbols

◇ Seat reservations are available for longer distance journeys; cycle reservations are essential

An at-seat refreshment service is offered on the majority of services; shown in the blue shaded sections of the timetable

Connections to International Airports. Change at Manchester Piccadilly for Manchester Airport railway station

1 First Class accommodation available

Drinks and snacks will be provided for Standard Class customers.
Our All Day menu will be available to all First Class customers.

§ These services also call at other stations; please see table on page 8 for further details or visit **nationalrail.co.uk**

L This service also calls at Loughborough. Visit **nationalrail.co.uk** for full times
Times in italics are connections

a Arrival time

d Departure time

Engineering work

When planning your journey, make sure you don't get caught out. Check for any engineering work on your date of travel so you can plan ahead. Planned engineering works and more information can be found on our website **eastmidlandstrains.co.uk**.

Seat reservations

We recommend booking seat reservations for your journey, so you don't have the hassle of rushing on board on the day of travel to find a seat. Reservations can be made at the station up until 2359 the night before travel. Please ensure you carry your ticket and reservation ticket when travelling.

Cycles on board our trains

We have two cycle spaces available on each train, free of charge. As spaces are limited we advise that you book in advance to guarantee travel. Folding cycles can be taken onto all trains, without a reservation, as long as they can be safely stored in the luggage racks.

To make a reservation visit **eastmidlandstrains.co.uk/cycles** or call **03457 125 678**

Travel assistance

To arrange assistance:
Call: 08000 11 33 23 **Visit: eastmidlandstrains.co.uk**
TextDirect: 18001 08000 11 33 23 (For people with hearing impairments).

Our Disabled People's Protection Policy detailing our commitments to you, is available in our stations, on request from our Customer Service Centre or at **eastmidlandstrains.co.uk.**

How to contact us

If you have any comments or feedback regarding East Midlands Trains services, please contact:

Call: 03457 125 678 (24 hours a day, 7 days a week)

Visit: eastmidlandstrains.co.uk/contactus

Email: getintouch@eastmidlandstrains.co.uk

Twitter: Tweet your message to: **@EMTrains** 24 hours, 7 days a week

TextDirect: 18001 03457 125 678
(For people with hearing impairments).

National Rail Enquires: 03457 48 49 50 or visit **nationalrail.co.uk**

For regular updates during unplanned disruption on our services visit **eastmidlandstrains.co.uk/disruption**

For regular updates simply register at **eastmidlandstrains.co.uk** to receive information about promotions by email.

LIVERPOOL TO NORWICH — Monday to Friday

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From				Mnsfd Wdhs	Leeds							
Liverpool Lime Street							0647	0742	0852	0952	1052	1152
Liverpool South Parkway							0657	0753	0903	1003	1103	1203
Widnes							0707	0805	0911	1011	1111	1211
Warrington Central							0715	0813	0919	1019	1119	1219
Manchester Oxford Rd							0738	0839	0939	1039	1139	1239
Manchester Piccadilly							0742	0843	0943	1043	1143	1243
Stockport							0754	0854	0954	1054	1154	1254
Sheffield d					0724		0837	0937	1037	1137	1237	1337
Dronfield												
Chesterfield					0737		0852	0952	1052	1152	1252	1352
Alfreton					0748		0903	1003	1103	1203	1303	1403
Langley Mill					0757							
Nottingham a					0822		0927	1027	1127	1227	1327	1427
Nottingham d	0456	0510	0610	0752		0835	0934	1034	1134	1234	1334	1434
Grantham		0551		0828		0912	1011	1110	1211	1309	1410	1511
Peterborough d	0627	0623a	0736	0859		0940	1045	1141	1242	1341	1441	1540
March	0643		0752									
Ely d	0705		0815	0945		1017	1121	1216	1317	1416	1516	1616
Cambridge	*0739*		*0843*	*1008*		*1041*	*1159*	*1241*	*1342*	*1441*	*1541*	*1641*
Stansted Airport	*0839*		*0940*	*1040*		*1140*	*1240*	*1340*	*1440*	*1540*	*1640*	*1740*
Brandon	0720											
Thetford	0729		0837	1006		1038	1143	1238	1339	1438	1538	1637
Attleborough	0743		0851									
Wymondham	0750		0858									
Norwich	0813		0913	1044		1112	1215	1313	1413	1511	1613	1713
To		Spalding			London							

LIVERPOOL TO NORWICH — Monday to Friday

	◇	◇	◇§	◇§	◇§	◇	◇	◇	◇§			
From												
Liverpool Lime Street	1252	1352	1452	1552	1652	1752	1852	1952	2137			
Liverpool South Parkway	1303	1403	1503	1603	1703	1803	1903	2003	2147			
Widnes	1311	1411	1511	1611	1711	1811	1911	2011	2155			
Warrington Central	1319	1419	1519	1619	1719	1819	1919	2019	2203			
Manchester Oxford Rd	1339	1439	1539	1639	1739	1839	1939	2039	2224			
Manchester Piccadilly	1343	1443	1543	1643	1743	1843	1943	2043	2228			
Stockport	1354	1454	1554	1655	1754	1854	1954	2054	2238			
Sheffield d	1437	1537	1637	1745	1852	1937	2041	2137	2337			
Dronfield			1648	1755				2149				
Chesterfield	1452	1552	1653	1801	1907	1952	2056	2155	0002			
Alfreton	1503	1603	1704	1811	1918	2003	2108	2205				
Langley Mill								2213				
Nottingham a	1527	1627	1727	1831	1941	2027	2133	2235	0040			
Nottingham d	1534	1635	1734	1837		2034						
Grantham	1610	1713	1811	1909		2110						
Peterborough d	1641	1744	1845	1942		2139						
March			1900									
Ely d	1716	1820	1928	2018		2216						
Cambridge	*1741*	*1843*	*1952*	*2043*		*2310*						
Stansted Airport	*1854*	*1940*	*2040*	*2140*								
Brandon												
Thetford	1738	1841	1951	2038		2237						
Attleborough						2251						
Wymondham						2258						
Norwich	1813	1915	2022	2113		2318						
To												

LIVERPOOL TO NORWICH — Saturday

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From					Leeds		Leeds					
Liverpool Lime Street								0649	0742	0852	0952	1052
Liverpool South Parkway ✈								0659	0752	0903	1003	1103
Widnes								0707	0805	0911	1011	1111
Warrington Central								0715	0813	0919	1019	1119
Manchester Oxford Rd								0738	0839	0939	1039	1139
Manchester Piccadilly ✈								0742	0843	0943	1043	1143
Stockport								0754	0854	0954	1054	1154
Sheffield d					0737		0834	0837	0937	1037	1137	1237
Dronfield												
Chesterfield					0750		0847	0852	0952	1052	1152	1252
Alfreton					0801		0857	0903	1003	1103	1203	1303
Langley Mill					0809							
Nottingham a					0825		0919	0927	1027	1127	1227	1327
Nottingham d	0505	0510	0610	0745		0834		0934	1034	1134	1234	1334
Grantham		0551		0820		0910		1009	1109	1207	1308	1407
Peterborough d	0627	0625a	0735	0858		0943		1040	1141	1240	1340	1443
March	0643		0751									
Ely d	0706		0814	0945		1021		1116	1216	1316	1416	1521
Cambridge	*0741*		*0841*	*1008*		*1059*		*1141*	*1241*	*1341*	*1441*	*1559*
Stansted Airport ✈	*0839*		*0940*	*1040*		*1140*		*1240*	*1340*	*1440*	*1540*	*1640*
Brandon	0722											
Thetford	0730		0836	1007		1043		1137	1238	1337	1437	1542
Attleborough	0744		0850									
Wymondham	0751		0857									
Norwich	0813		0915	1043		1115		1213	1313	1413	1513	1615
To		Spalding			London		London					

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From												
Liverpool Lime Street	1152	1252	1352	1452	1552	1652	1752	1852	1952	2052		2137
Liverpool South Parkway ✈	1203	1303	1403	1503	1603	1703	1803	1903	2003	2103		2147
Widnes	1211	1311	1411	1511	1611	1711	1811	1911	2011	2111		2155
Warrington Central	1219	1319	1419	1519	1619	1719	1819	1919	2019	2119		2203
Manchester Oxford Rd	1239	1339	1439	1539	1639	1739	1839	1939	2039	2139		2224
Manchester Piccadilly ✈	1243	1343	1443	1543	1643	1743	1843	1943	2043	2143		2228
Stockport	1254	1354	1454	1554	1654	1754	1854	1954	2054	2152		2238
Sheffield d	1337	1437	1537	1637	1741	1840	1937	2039	2137	2242	2320	2338
Dronfield				1648	1751				2148			
Chesterfield	1352	1452	1552	1653	1757	1857	1952	2054	2153	2256	2332	2353
Alfreton	1403	1503	1603	1704	1808	1908	2003	2105	2204	2307		
Langley Mill									2212			
Nottingham a	1427	1527	1627	1727	1829	1930	2027	2133	2234	2328		0030
Nottingham d	1434	1534	1634	1734	1837		2034					
Grantham	1510	1607	1706	1815	1909		2107					
Peterborough d	1541	1639	1740	1844	1941		2140					
March				1901								
Ely d	1616	1716	1816	1922	2016		2217					
Cambridge	*1641*	*1741*	*1841*	*1959*	*2059*		*2303*					
Stansted Airport ✈	*1740*	*1853*	*1940*	*2040*	*2140*							
Brandon												
Thetford	1638	1737	1837	1943	2038		2238					
Attleborough							2252					
Wymondham							2259					
Norwich	1713	1813	1913	2016	2113		2319					
To											Derby	

LIVERPOOL TO NORWICH — Sunday

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From	Leeds											
Liverpool Lime Street					1252	1352	1452	1552	1652	1752	1852	
Liverpool South Parkway ✈					1303	1403	1503	1603	1703	1803	1903	
Widnes					1311	1411	1511	1611	1711	1811	1911	
Warrington Central					1319	1419	1519	1619	1719	1819	1919	
Manchester Oxford Rd					1339	1439	1539	1639	1739	1839	1939	
Manchester Piccadilly ✈				1243	1344	1444	1544	1644	1744	1844	1944	
Stockport				1255	1354	1454	1553	1654	1754	1854	1954	
Sheffield d	1035		1241	1348	1441	1539	1643	1740	1839	1940	2040	
Dronfield												
Chesterfield	1048		1256	1402	1455	1553	1657	1754	1854	1954	2054	
Alfreton			1307	1412	1508	1603	1707	1805	1905	2005	2105	
Langley Mill					1515	1611	1715	1812	1912	2012	2112	
Nottingham a	1121		1328	1433	1532	1628	1730	1828	1933	2030	2133	
Nottingham d		1237	1347	1445	1550	1645	1736	1846		2045		
Grantham		1314	1422	1520	1622	1721	1817	1928		2120		
Peterborough d		1343	1458	1558	1659	1757	1849	1959		2153		
March						1813						
Ely d		1419	1534	1634	1736	1836	1926	2036		2229		
Cambridge		*1515*	*1615*	*1715*	*1815*	*1915*	*2015*	*2115*		*2306*		
Stansted Airport ✈		*1545*	*1645*	*1745*	*1845*	*1945*	*2045*	*2145*				
Brandon		1435										
Thetford		1443	1555	1655	1757	1857	1950	2057		2250		
Attleborough		1457						2111		2304		
Wymondham		1504						2118		2311		
Norwich		1521	1635	1726	1830	1929	2026	2137		2324		
To	London											

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From												
Liverpool Lime Street	1952	2121										
Liverpool South Parkway ✈	2003	2131										
Widnes	2011	2139										
Warrington Central	2019	2147										
Manchester Oxford Rd	2039	2207										
Manchester Piccadilly ✈	2044	2211										
Stockport	2054	2228										
Sheffield d	2140	2330										
Dronfield	2150											
Chesterfield	2156	2344										
Alfreton	2206	2355										
Langley Mill	2214	0002										
Nottingham a	2236	0023										
Nottingham d												
Grantham												
Peterborough d												
March												
Ely d												
Cambridge												
Stansted Airport ✈												
Brandon												
Thetford												
Attleborough												
Wymondham												
Norwich												
To												

NORWICH TO LIVERPOOL — Monday to Friday

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From			Derby									
Norwich					0550	0651	0757	0857	0957	1057	1157	1257
Wymondham					0602							
Attleborough					0609							
Thetford					0623	0719	0824	0924	1024	1124	1224	1324
Brandon												
Stansted Airport ✈					*0516*	*0612*	*0721*	*0821*	*0921*	*1027*	*1127*	*1227*
Cambridge					*0617*	*0704*	*0812*	*0912*	*1012*	*1112*	*1212*	*1312*
Ely d					0651	0744	0848	0946	1053	1148	1248	1348
March					0707	0800	0907			1208		
Peterborough d					0727	0824	0927	1028	1128	1226	1326	1426
Grantham					0758	0855	0958	1100	1200	1259	1358	1458
Nottingham a					0840	0926	1035	1134	1235	1336	1435	1534
Nottingham d	0521	0639		0747	0847	0947	1047	1147	1247	1347	1447	1547
Langley Mill												
Alfreton		0700		0810	0908	1008	1108	1208	1310	1408	1508	1610
Chesterfield	0549	0710	0743	0820	0920	1020	1120	1220	1320	1420	1520	1620
Dronfield		0718	0749	0827								
Sheffield d	0620	0732	0800	0840	0940	1040	1140	1240	1340	1440	1540	1640
Stockport	0722	0824		0924	1026	1126	1226	1326	1426	1526	1626	1726
Manchester Piccadilly ✈	0734	0837		0937	1037	1137	1237	1337	1437	1537	1637	1737
Manchester Oxford Rd	0737	0841		0941	1041	1141	1241	1341	1441	1541	1641	1741
Warrington Central	0753	0857		0958	1057	1157	1257	1357	1457	1557	1657	1803
Widnes	0801	0905		1005	1105	1205	1305	1405	1505	1605	1705	1811
Liverpool South Parkway ✈	0818	0915		1016	1115	1215	1315	1415	1515	1615	1715	1822
Liverpool Lime Street	0832	0932		1031	1131	1231	1331	1431	1531	1631	1731	1835
To												

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From					London		London		Spalding			
Norwich	1357	1457	1548	1657		1754		1857				
Wymondham				1709		1806						
Attleborough			1605			1813						
Thetford	1424	1524	1623	1727		1827		1924				
Brandon												
Stansted Airport ✈	*1327*	*1427*	*1527*	*1627*		*1727*		*1821*				
Cambridge	*1412*	*1512*	*1612*	*1722*		*1823*		*1925*				
Ely d	1448	1547	1647	1752		1852		1952				
March						1908						
Peterborough d	1528	1627	1724	1826		1926		2027	2131			
Grantham	1601	1658	1757	1857		1959		2059				
Nottingham a	1637	1735	1835	1935		2031		2133	2254			
Nottingham d	1647	1747	1847	1941	2033		2146					
Langley Mill		1803			2050		2203					
Alfreton	1708	1811	1908	2002	2058		2211					
Chesterfield	1720	1820	1920	2012	2109		2222					
Dronfield												
Sheffield d	1740	1840	1940	2031	2125		2236a					
Stockport	1826	1925	2026	2120								
Manchester Piccadilly ✈	1837	1937	2037	2133								
Manchester Oxford Rd	1841	1941	2041									
Warrington Central	1857	1957	2057									
Widnes	1905	2005	2105									
Liverpool South Parkway ✈	1919	2019	2119									
Liverpool Lime Street	1934	2035	2136									
To					Leeds		Leeds					

NORWICH TO LIVERPOOL — Saturday

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From			Derby									
Norwich					0550	0653	0757	0857	0957	1057	1157	1257
Wymondham					0602							
Attleborough					0609							
Thetford					0623	0722	0824	0924	1024	1124	1224	1324
Brandon												
Stansted Airport ✈						*0627*	*0727*	*0827*	*0927*	*1027*	*1127*	*1227*
Cambridge						*0700*	*0812*	*0912*	*1012*	*1112*	*1212*	*1312*
Ely d					0648	0748	0848	0946	1048	1148	1248	1348
March					0707	0804	0905			1205		
Peterborough d					0727	0828	0925	1022	1123	1224	1328	1426
Grantham					0758	0859	0953	1055	1156	1257	1358	1458
Nottingham a					0839	0935	1035	1134	1235	1335	1435	1535
Nottingham d	0520	0640		0747	0847	0947	1047	1147	1247	1347	1447	1547
Langley Mill												
Alfreton		0701		0810	0908	1008	1108	1208	1310	1408	1508	1610
Chesterfield	0549	0711	0743	0820	0920	1020	1120	1220	1320	1420	1520	1620
Dronfield		0718	0749	0827								
Sheffield d	0620	0732	0759	0840	0940	1040	1140	1240	1340	1440	1540	1640
Stockport	0722	0824		0925	1026	1126	1226	1326	1426	1526	1626	1726
Manchester Piccadilly ✈	0734	0837		0937	1037	1137	1237	1337	1437	1537	1637	1737
Manchester Oxford Rd	0737	0841		0941	1041	1141	1241	1341	1441	1541	1641	1741
Warrington Central	0753	0857		0957	1057	1157	1257	1357	1457	1557	1657	1803
Widnes	0801	0905		1005	1105	1205	1305	1405	1505	1605	1705	1811
Liverpool South Parkway ✈	0818	0915		1015	1115	1215	1315	1415	1515	1615	1715	1822
Liverpool Lime Street	0831	0931		1031	1131	1231	1331	1431	1531	1631	1731	1835
To												

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From					London			Spalding				
Norwich	1357	1457	1552	1654		1750	1857					
Wymondham				1706		1802						
Attleborough			1609			1809						
Thetford	1424	1524	1623	1724		1823	1924					
Brandon												
Stansted Airport ✈	*1327*	*1427*	*1527*	*1627*		*1727*	*1827*					
Cambridge	*1412*	*1512*	*1612*	*1712*		*1812*	*1912*					
Ely d	1448	1547	1647	1747		1848	1948					
March						1905						
Peterborough d	1524	1627	1725	1826		1930	2026	2127				
Grantham	1557	1656	1759	1858		2003	2058	2202				
Nottingham a	1635	1735	1834	1933		2036	2132	2232				
Nottingham d	1644	1744	1847	1939	2016							
Langley Mill		1800			2033							
Alfreton	1705	1808	1908	2000	2041							
Chesterfield	1715	1818	1920	2010	2052							
Dronfield												
Sheffield d	1738	1837	1940	2032	2105a							
Stockport	1826	1925	2026	2120								
Manchester Piccadilly ✈	1837	1937	2037	2132								
Manchester Oxford Rd	1841	1941	2041									
Warrington Central	1858	1957	2057									
Widnes	1906	2005	2105									
Liverpool South Parkway ✈	1919	2015	2121									
Liverpool Lime Street	1936	2030	2133									
To					Leeds							

NORWICH TO LIVERPOOL — Sunday

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From												
Norwich					1047			1347	1453	1554	1654	1754
Wymondham												
Attleborough												
Thetford					1114			1414	1520	1621	1721	1821
Brandon												
Stansted Airport ✈					*1025*			*1325*	*1425*		*1625*	*1725*
Cambridge					*1106*			*1406*	*1506*		*1706*	*1806*
Ely d					1139			1440	1546		1748	1848
March									1603			
Peterborough d					1216		1431	1523	1624	1723	1826	1926
Grantham					1251		1509	1555	1656	1755	1858	1957
Nottingham a					1329		1539	1624	1725	1827	1933	2031
Nottingham d	0947	1048	1144	1240	1342	1447	1547	1642	1739	1840	1943	
Langley Mill				1256	1358	1503		1701	1757	1856		
Alfreton	1005	1109	1205	1304	1406	1511	1608	1709	1805	1904	2004	
Chesterfield	1018	1119	1215	1317	1416	1521	1618	1719	1816	1915	2014	
Dronfield	1025											
Sheffield d	1041	1139	1237	1338	1437	1543	1639	1744	1836	1935	2035	
Stockport	1126	1226	1326	1426	1526	1626	1729	1826	1926	2026	2124	
Manchester Piccadilly ✈	1138	1238	1338	1438	1538	1638	1738	1838	1938	2038	2137	
Manchester Oxford Rd	1142	1242	1342	1442	1542	1642	1742	1842	1942			
Warrington Central	1159	1259	1358	1458	1558	1658	1759	1858	1958			
Widnes	1206	1306	1406	1506	1606	1706	1806	1906	2006			
Liverpool South Parkway ✈	1217	1317	1416	1516	1616	1716	1817	1917	2016			
Liverpool Lime Street	1230	1330	1430	1530	1630	1730	1830	1930	2030			
To												

	◇	◇										
From												
Norwich	1856	2052										
Wymondham												
Attleborough												
Thetford	1923	2119										
Brandon												
Stansted Airport ✈	*1825*	*1925*										
Cambridge	*1906*	*2106*										
Ely d	1948	2144										
March												
Peterborough d	2030	2223										
Grantham	2102	2255										
Nottingham a	2134	2328										
Nottingham d												
Langley Mill												
Alfreton												
Chesterfield												
Dronfield												
Sheffield d												
Stockport												
Manchester Piccadilly ✈												
Manchester Oxford Rd												
Warrington Central												
Widnes												
Liverpool South Parkway ✈												
Liverpool Lime Street												
To												