

# First Class

## Breakfast menu

## Breakfast

### Great British breakfast

A fried free-range egg on a toasted muffin, bacon, prime pork sausage, black pudding, tomato, hash browns and mushrooms

### Vegetarian grill

Two fried free-range eggs, tomato, hash browns, mushrooms and toast 

### Scrambled egg


Free-range scrambled eggs served with toast 

### Smoked salmon

Sliced Scottish smoked salmon and scrambled eggs with toast and a slice of lemon

### East Midlands Benedict

A toasted muffin served with a choice of bacon or smoked salmon – topped with a poached egg and a rich hollandaise sauce

A vegetarian option is also available 

## Light options

### Wolfy's porridge

A bowl of plain and simple organic porridge served with either honey or jam 

A gluten free porridge is also available 


### Filled savoury roll

A soft white roll filled with either bacon, sausage or a cheese omelette 

### Special K

For a healthier option, have a bowl of Special K cereal with semi-skimmed milk 

### Pastries

A delicious pastry to go with your coffee to start the day 

### Rachel's Greek yogurt and granola

Natural Greek yogurt topped with Lizi's granola and a drizzle of honey 

## Welcome to First Class

Welcome to the East Midlands Trains breakfast service

All of our breakfasts are freshly cooked by our onboard chef, simply tell your host which item you'd like

If you have any questions please feel free to talk to one of our onboard team who will be happy to help

We hope you have an enjoyable journey with us today

 Vegetarian

 Gluten free

All of our breakfasts are served with breakfast tea, coffee and a choice of fruit juices or mineral water