

Brekkie menu

Absolutely
free

for First Class ticket
holders



Good morning



Welcome to the East Midlands Trains breakfast service to London St Pancras Intl. All of our breakfasts are lovingly cooked by our onboard chef.

Please choose from one of the main munch below or the lighter bites to your right and yes, it's free.

Main munch

Great British breakfast

A fried free range egg on a toasted muffin, bacon, prime pork sausage, black pudding, tomato, hash browns and mushrooms.

Vegetarian grill

Two fried free range eggs, tomato, hash browns, mushrooms and toast.

Scrambled egg

Free range scrambled eggs served with toast.

Smoked salmon

Sliced Scottish smoked salmon and scrambled eggs with toast and a slice of lemon.

East Midlands Benedict

A toasted muffin served with a choice of bacon or smoked salmon – topped with a poached egg and smothered in a rich hollandaise sauce.

Lighter bites

Wolffy's porridge

A bowl of plain creamy porridge with either a pot of berry or honey or a coconut porridge with a lime marmalade to mix in.

A gluten free Moma plain porridge is also available.

Brekkie filled roll

Take your pick of one of the fillings; bacon, sausage or scrambled egg.

Rachel's Greek yogurt

A nice light option of natural Greek yogurt topped with Kellogg's granola with a drizzle of honey, yum.

Granola bar

A blend of rolled oats, cranberries, raisins and toasted seeds in a handy sized bar.



Hot stuff

All of our breakfasts are served with breakfast tea, coffee and a choice of fruit juices or mineral waters.



Trouble connecting to WiFi?

If you need help, please don't hesitate to ask a member of our onboard team who will be happy to help or call East Midlands Trains WiFi support on **0330 088 1272**.